

Peacham School Lunch Menu for June 2018

Menu is subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients Avg
				1 Hoagie Sand. Day Roasted Rooters & Reds Salad Bar Assted Fresh Whole Fruit Cut Fruit Milk, Assorted	Calories 584 Sodium 1041 mg Iron 4.09 mg Calcium 621.31 mg Vitamin A 14277 IU Vitamin C 40.13 mg Sugars 24.06 g 16.5% Protein 30.12 g 20.6% Carbohydrate 78.55 g 53.8% Total Fat 17.69 g 27.3% Saturated Fat 4.84 g 7.5%
4 Chicken Club Wrap Sandwich Bar German Potato Salad Salad Bar Assted Fresh Whole Fruit Cut Fruit Milk, Assorted	5 Chicken Stew Sandwich Bar Buttermilk Biscuit Green Beans Salad Bar Assted Fresh Whole Fruit Cut Fruit Milk, Assorted	6 Maple Pork Chop Sandwich Bar Green Beans Rice Apple Bread Stuffing Salad Bar Assted Fresh Whole Fruit Cut Fruit Milk, Assorted	7 El Supremo Taco Sandwich Bar "Colonel" Corn Salad Bar Assted Fresh Whole Fruit Cut Fruit Milk, Assorted	8 Assorted Pizza Sandwich Bar Veg. Baked Beans Salad Bar Assted Fresh Whole Fruit Cut Fruit Milk, Assorted	Calories 623 Sodium 1034 mg Iron 4.27 mg Calcium 589.94 mg Vitamin A 7010 IU Vitamin C 35.24 mg Sugars 22.89 g 14.7% Protein 35.50 g 22.8% Carbohydrate 83.63 g 53.7% Total Fat 17.79 g 25.7% Saturated Fat 6.94 g 10.0%
11 SMORGASBORD	12 SMORGASBORD	13 Picnic Lunch	14 SMORGASBORD	15 HAPPY SUMMER	Calories 0 Sodium 0 mg Iron 0.00 mg Calcium 0.00 mg Vitamin A 0 IU Vitamin C 0.00 mg Sugars 0.00 g 0.0% Protein 0.00 g 0.0% Carbohydrate 0.00 g 0.0% Total Fat 0.00 g 0.0% Saturated Fat 0.00 g 0.0%

This institution is an equal opportunity provider.
 Student paid meal prices: Bkfst \$1.65, Lunch \$2.75
 Breakfast served daily 7:30 - 8:00 a.m.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.